

The plastic flow of solid ^4He through a porous membrane

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The velocity of solid ^4He flowing through a porous membrane frozen into a crystal has been measured in the temperature interval 0.1 - 1.8 K using a flat capacitor consisting of a metalized plastic porous membrane and a bulk electrode. The clearance in the capacitor was filled with helium. The flow of helium through the membrane pores started as soon as d.c. voltage was applied to the capacitor plates. Above $T \sim 1$ K the velocity of the solid ^4He flow decreases with lowering temperature following the Arrhenius law. The activation energy of the process is close to that of vacancies. At low temperatures the velocity is only slightly dependent on temperature, which suggests a transition in ^4He from the classical thermally activated vacancy-related flow to the quantum plastic flow.

Section: QS - Quantum solids

Keywords: Quantum solids, Solid ^4He